

Dr. David Adams and staff

Dec. 12, 2009

Just a few lines to let you know how I am progressing since you replaced my Aortic valve and repaired my Mitral and Transcuspoid valve, on Aug. 6<sup>th</sup> 2009. I can tell you now, that I did not realize what a difference this surgery has made in my life. The coughing, shortness of breath and having to sleep with at least three pillows are all gone now, along with the fear of heart failure. After carrying around those symptoms for all those years, a person can forget how life can be without them.

My cardiologist in Rockland county NY, Dr. A. Beniaminovitz, was thrilled when I told her that you had done the surgery. She said she sends all her very difficult cases to you. Since we have returned to Florida, I have learned of other people who have had to have their valves repaired again, by you after having their original surgery done down here.

Since our return to Florida on Sept. 23<sup>rd</sup>, I have increased my walking routine to at least five miles a day (2 miles morning and 3 miles afternoon) with no problems. Now if I can get my knees to keep up with my heart I'd be in tip top shape. There is an ocean of people down here with leaky valves and I have touted your expertise to who ever will listen.

Once again I thank you and your very able staff and also the excellent Mt. Sinai Hospital staff for all you have done for me.

With much appreciation,

*Gerald*  
*Boynton Beach, FL.*