
Run a marathon after heart surgery? No way. So when Matt Strain walked into Mount Sinai Heart less than two years ago with a damaged mitral valve, he thought his running days were over. His surgeon, Dr. David Adams, knew otherwise.



MOUNT
SINAI

He repaired the valve and got Matt back on his feet. Today, Matt continues to make phenomenal strides. His next ones will take him over the finish line of the NYC Marathon. 1-800-MD-SINAI. mountsinai.org
Another day, another breakthrough.

AFTER

HEART VALVE SURGERY,

MATTHEW STRAIN'S DOCTORS

PREDICTED A LONG ROAD AHEAD.

26.2 MILES TO BE EXACT.

